

2009 Tedford Housing Board of Directors

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PO Box 958
 Brunswick, Maine 04011

Administrative Office

Phone: (207) 729-1161
 Fax: (207) 725-7626

Adult Shelter

49 Cumberland Street
 Brunswick, Maine
 (207) 729-1161, ext. 104

Family Apartments

34 Federal Street
 Brunswick, Maine
 (207) 729-1161, ext. 107
 info@tedfordhousing.org
 www.tedfordhousing.org

Member Agency of
 United Way of Mid Coast Maine

Help Us Help Others

90¢ of every dollar donated to Tedford Housing goes directly for shelter, food, supplies, and services.

Yes, I want to help!

- Here is my tax-deductible contribution of \$ _____
- I would like to donate dinner for 20 people. (Please call to arrange date.)
- I would like to volunteer.
- I would like to contribute to the Tedford Housing through my will.
- I would like to learn about the Tedford Housing endowment fund.
- I would like to make a major gift to the Tedford Housing supportive housing development fund – please contact me!**

 Name

 Address

 City State Zip

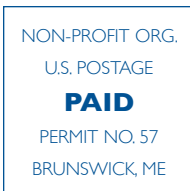
 Phone E-mail

Please mail to:

Tedford Housing, PO Box 958, Brunswick, ME 04011
 Or contact us at: (207) 729-1161, info@tedfordhousing.org



PO Box 958
 Brunswick, Maine 04011



Tedford Housing PO Box 958 Brunswick, Maine 04011 (207)729-1161 (207)725-7626 (fax) info@tedfordhousing.org www.tedfordhousing.org

Young and No Place to Call Home

At age eighteen, Karen (not her real name) is pretty, engaging, and bright. And for the last two years she has been homeless and pretty much on her own.

“Things were not working out at home. I left to stay with friends. Over the last couple of years, I have had seven different addresses. Then, the school social worker suggested that I talk with Donna Verhoeven at the Merrymeeting Project,” says Karen.

The Merrymeeting Project was started fourteen years ago to help homeless and at-risk young people. It is funded by the Department of Housing and Urban Development (HUD) and administered by the Maine Department of Education. Last year, it became a program of Tedford Housing.

“My focus is to keep these kids safe and in school,” says

Donna. “I have a caseload of around 35 to 45 and they all have lots of problems. Nearly all of them have a history of trauma and troubled families. Their lack of stability



ABOVE: Donna Verhoeven helps Karen with next steps during a difficult time.

Please read more of COVER STORY inside.

TEDFORD HOUSING

**Winner of the
 Maine Association
 of Nonprofits
 Dirigo Award
 for Nonprofit
 Excellence - 2008**

Join us for Brunch at The Inn on Park Row

Celebrate Spring!! The Inn on Park Row will host a brunch to benefit Tedford Housing, on Sunday, April 26, 2009. Seatings at 10:00 a.m. and 11:30 a.m. \$20 per person. Jazz guitar provided by Neil Lamb and David Lawlor. Call Barbara Brown, manager, at The Inn on Park Row, 207-729-4914 to reserve your seat!

COVER STORY continued from front.

and permanent housing creates stress on their health, leading to school attendance and performance issues.”

Asked how Donna helped, Karen pauses. “I guess mostly by just keeping me in school. I really had no ambitions; I didn’t know what to do or where I was going.” Now she is taking evening classes and plans to complete her GED soon. She hopes to study nursing at Southern Maine Community College next year.

“Being without a home was pretty difficult,” says Karen. “You have to get used to not owning a lot of things and having stuff taken from you. For three months I lived in a tent with my boyfriend in a relative’s yard. We could only go inside to get a bath or to use the phone. I didn’t feel very good about myself.” Karen is now looking to get into a more structured residential program for young people. She is also on the wait list at Vocation Rehabilitation for both employment opportunities and transportation.

“Karen has faced a lot of barriers,” says Donna. “But she has hung in there and she has a lot of determination. I think she will make it.”

The Merrymeeting Project advocates for the educational rights of homeless youth (under the McKinney-Vento Homeless Assistance Act). It is a collaboration between Tedford Housing and three school programs: RSU-1, Brunswick School Department, and SAD 75.

“Many of the young people that engage with the program have to first address some very basic life needs that would be considered daunting as adults,” says Donna. “They often struggle to remain anonymous among their school peers and balance daily basis needs—such as food, clothing, medical coverage, mental health coverage, transportation, employment and stable housing—while trying to succeed academically.”

“Often what is lost in this struggle to survive is the passage of youth. They often don’t share many of the experiences typical of their peers such as movies with friends, trips to fast-food restaurants, dances

and family celebrations. But though they may lack in social experience, many of them inspire in their sheer determination to succeed.”

Donna Verhoeven, Merrymeeting Project outreach worker is available to assist any homeless or at-risk young person of school age in Brunswick, SAD 75 and the RSU-1 school districts. Donna focuses on safety and housing, but also helps young people to return to or maintain schooling. Donna can be reached at 207-751-5738 or toll free, 1-877-833-9003.

Seeds of Sustainability
- Tedford Endowment -

Would you like to help ensure Tedford’s Legacy? Contact Don Kniseley to discuss your bequest, gift of life insurance, trust or other endowment opportunities.

“Our endowment is invested with the Maine Community Foundation whose mission is to work in partnership with charitably-minded citizens to strengthen Maine communities.

Our endowment is growing and represents the future of Tedford and the answer to ending homelessness in mid coast Maine. You can be part of that future.”

TEDFORD HOUSING MISSION

Tedford Housing works to end homelessness in mid coast Maine by providing, in collaboration with others, shelter, housing, and services to those in need. We work to help people become more self-sufficient and advocate for change so that no one faces the prospect of being without a home.

Meet Joy Johnson, Super Volunteer!



Joy Johnson (pictured left) coordinates the Tedford Housing Meal-a-Month Program, providing a hot meal 365 days per year for guests staying at our adult shelter. Joy schedules restaurants, churches, civic groups and individuals who

prepare and deliver the meals. This program represents in-kind donations of more than \$60,000 annually.

“I have worked with homeless people much of my career as a social worker and wanted to continue in a volunteer capacity,” say Joy. “I learned about Tedford and just knew it was where I would want to volunteer. It appeals to me because you are meeting basic needs of food and shelter. It is heartwarming to meet the vendors who so selflessly donate the meals and equally heartwarming to see our guests partake of their generosity. “

Joy received the Margit Cook Memorial Award for exemplary volunteer service at the Tedford Housing annual meeting last fall.

If you would like to participate in this program, contact Joy at (207)721-9282. Thanks to our providers for 2008-2009:

| | | |
|---------------------------------------|--------------------------------|-----------------------------------|
| Claudette Lord | Sue Sullivan | |
| Cindy Morris | Judy Warren | |
| Betsy Niven | Sarah Wolpov | |
| Mary Schreiber | Sue Wild | |
| Applebee’s Neighborhood Bar and Grill | Kentucky Fried Chicken | St. Paul’s Episcopal Church |
| Arby’s Roast Beef Restaurant | Midcoast Presbyterian-Church | Unitarian Universalist-Church |
| China Rose Restaurant | Officer’s Spouses Club, VP-10 | United Methodist Church-Brunswick |
| Durham Friends Meeting | Orr’s and Bailey Island | United Methodist Church-Freeport |
| First Parish Church-Brunswick | United Methodist Church | West Bowdoin Baptist Church |
| First Parish Church-Freeport | Pedro O’Hara | Jeanne Baker Stinson |
| First Parish Church-Yarmouth | Richard’s Restaurant | Sue Berger |
| Grace Episcopal Church | Sam’s Italian Sandwich Shoppes | Michele Donovan |
| Great Impasta | Scarlet Begonias | John and Betsy Fenwick |
| Harraseeket Inn | St. Charles Borromeo-Church | Jack Kelly |
| | St. John’s Catholic Church | |

Thanks to the Merrymeeting Board of Realtors

The Merrymeeting Board of Realtors held their annual Holiday Party and Auction, benefiting Tedford Housing, on December 11, 2008. Tedford received a total of \$4,720 from the proceeds of the event, including a matching grant from the Maine Association of Realtors.

Senter Fund Grant Award

The Alfred M. Senter Fund awarded Tedford Housing \$7,500 to assist with the replacement of flooring throughout our emergency adult shelter.

Merrymeeting Board of Realtors Charity Golf Tournament

SAVE THE DATE- September 18, 2009. The Merrymeeting Board of Realtors will hold their 6th Annual Charity Golf Tournament at Bath Country Club, benefiting Habitat for Humanity/7Rivers Maine and Tedford Housing. Sponsorship opportunities still exist and player registrations are being accepted now. Please contact Jona Dorso FMI, (207)729-1161 or jona@tedfordhousing.org.

Tennis for Tedford

Maine Pines Racquet and Fitness will host the 2nd Annual Tennis for Tedford event on May 1, 2009, 5:30-9:00. Join us to enjoy a Pro exhibition match, round robin mixed doubles and jazz guitar provided by Neil Lamb. Hors d’ oeuvres generously provided by Simply Elegant Catering. Tickets: \$40 each, \$70 per couple, \$20 age 18 & under. Sponsored by Downeast Energy and Building Supply, Slocum Chiropractic, Spencer Gray Jr. Insurance and Patti Lawton, Broker, Welcome Home Realty.

CHECK US OUT ON THE WEB
www.tedfordhousing.org

Special thanks to David Israel and Robert Denton of The Design Group for their assistance with our website updates and improvements.